THINK productive

Take Control With the ABC of Personal Leadership

Autonomous, balanced and courageous, your route to real personal leadership.

Stop waiting to see what happens. Start setting things in motion.

Most of us get very good at reacting. Tasks, information, other people's needs, it never stops arriving, and we adapt to the constant hustle without ever quite noticing we've slipped into a wait-and-see mindset, bracing for whatever comes next instead of deciding what matters most ourselves. This workshop is built around a simple distinction: either you take control, or you sit back and wait. Rooted in Productivity Ninja thinking, it gives participants a practical route to personal leadership, built on three qualities: autonomous, balanced, and courageous.

Available in three formats, covering different amounts of ground:

Format	Covers	Group size
90 minutes	All three qualities (Autonomous, Balanced, Courageous), as an introduction and action-planning seminar	Up to 50
3 hours	A deep dive into just one quality: Balanced, through Rational Effectiveness	Up to 12
6 hours	All three qualities, in full depth, plus a personal action script	Up to 12

A fully customisable session

We recommend:

In-person or online · 6hrs · 12 people

What you'll learn & do

This workshop empowers your teams to:

- Set goals like a Ninja, without constantly seeking approval from others or getting pulled off course
- Become **autonomous** through internal validation, deciding for yourself what matters, rather than waiting for outside approval
- Become **balanced** through rational effectiveness, checking your own thoughts against fact, logic, and goals, so you stay calm and alert instead of distracted or worn down
- Become **courageous** through intrinsic motivation, acting because it matters to you, not because someone else expects it
- Build a personal action plan you start applying immediately, not just theory to think about later
- *(The 3-hour format covers only the Balanced/Rational Effectiveness element above, in depth. The 90-minute and 6-hour formats cover all three.)*

94% **of participants would recommend our workshops**

Who is this workshop for?

- Anyone who recognises the "wait-and-see" pattern in how they work, reacting to whatever lands next instead of deciding what matters
- Individuals ready to take real ownership of their own priorities, not just their task list
- Large groups or all-hands sessions wanting a first taste of the model (90 minutes, up to 50 people)
- Smaller groups wanting to go deep, either across all three qualities (6 hours) or specifically on staying balanced under pressure (3 hours), both capped at 12 people

What this workshop offers

- **Learning that lasts.** Every participant gets access to the Productivity Ninja® Academy, extending the ideas well beyond the session itself.
- **Three formats to choose from**, a 90-minute introduction for larger groups, or a 3-hour or 6-hour deep dive for smaller ones, see the table above for exactly what

each one covers.

- **Personal, not generic.** The longer formats are capped at 12 participants, so time can go into each person's own script and goals, not a one-size-fits-all exercise.

What you'll do

90 minutes: A seminar-style introduction to all three qualities, with discussion and individual action planning to leave with something concrete.

3 hours: The first part explains the fact-check, logic-check, and goal-check behind Rational Effectiveness, with practical exercises. The second part is independent practice, applying rational, effective thinking to real situations participants actually face.

6 hours: The first part works through all three qualities with practical exercises woven in throughout. The second part is personal: each participant drafts their own script for achieving what actually matters to them.

What happens when personal leadership takes hold

When teams learn to communicate with intention, everything changes:

- People stop bracing for whatever comes next and start deciding what comes next
- Goals get set based on what actually matters, not on seeking approval
- Difficult moments get met with rational, balanced thinking instead of reactive stress
- People act because it matters to them, not because someone else is watching
- Participants report living more consciously, feeling more capable, and taking more chances on change

SHELTER

“Investing in this workshop was one of the best decisions we made for our people and culture.”

Sarat Kumar, CEO, Shelter

Benefits & Results

Immediate benefits

- A personal action plan built around your own real priorities
- Practical tools for internal validation, rational effectiveness, and intrinsic motivation
- Immediate application, not theory saved for later
- Genuine clarity on what “taking control” actually looks like for you

What your organization gets

- People who set their own goals with real intention, instead of drifting on approval-seeking
- More balanced decision-making under pressure, across your team
- Individuals who act with genuine ownership, not just compliance
- A team more willing to go for change, rather than waiting to see what happens

J.P.Morgan

“This workshop completely changed the way our team communicates, we’re clearer, faster and less stressed.”

Sarah M, Project Manager

Why it matters

Being busy and being in control aren't the same thing, and most people mistake the first for the second.

- Constant reactivity trains people to adapt to whatever arrives, rather than deciding what should arrive
- Chasing approval from others quietly replaces genuine personal goals with borrowed ones
- Without a clear internal compass, pressure gets met with stress instead of clear thinking

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"Overall a fab session, thank you Think Productive :)"

Sam Puddy

Creed Foodservice Ltd

Your workshop. Your way.

We recommend a **full day** workshop for a team of **up to 12 people**, but like all our workshops, it can also be tailored to your exact needs.

Available options:

Formats

In-person | Online

Group size

Standard: Up to 12 | Keynote: Up to 50

Duration

Full day: 6 hours | Half day: 3 hours | Keynote: 90 minutes